

Humboldt State University: Food as a right and not a privilege

HUMBOLDT STATE UNIVERSITY

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Overview

- HSU Student Food and Housing Security and Emergency Food Resource Use
- Food Security
- Food Sovereignty
- In Practice
 - Humboldt State University (HSU)
 - Visions for the future



California State University Food & Housing Security Survey: Emerging Patterns from the Humboldt State University Data (Maguire, O'Neill, and Aberson, 2016)

The Issues

- food and housing security
- student health and wellbeing
- student success
- retention and graduation rates

The Purpose

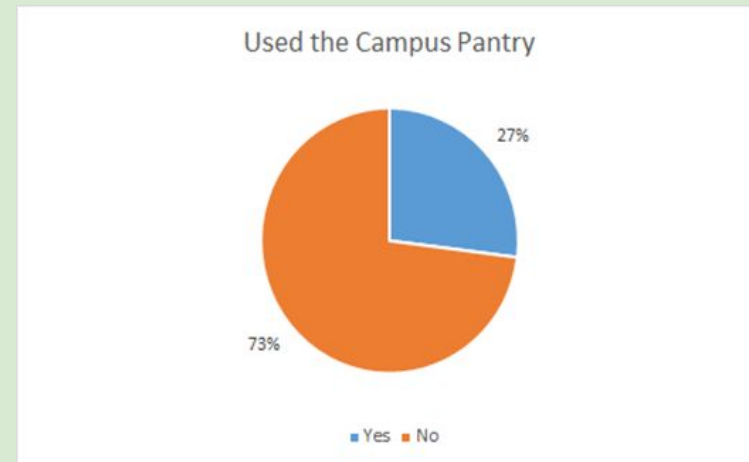
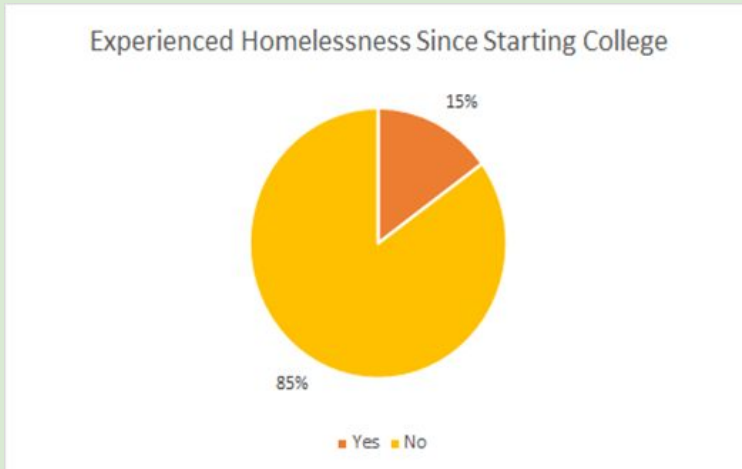
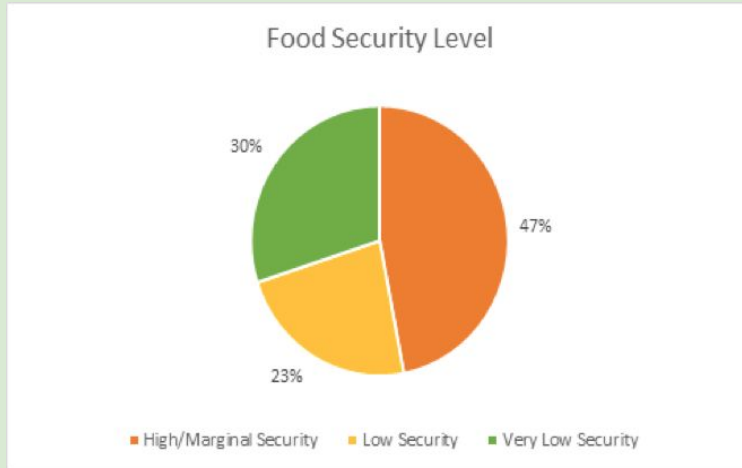
- elevate awareness of the issues from the students' perspective

The Methods

- online survey went out to all HSU students
- 1,554 Students responded (nearly 20%)



HSU Student Food and Housing Security and Emergency Food Resource Use



Framing in Theory: Food Security & Food Sovereignty

Food Security

“Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.”
- *World Food Summit (1996)*



Why is The Food Security Model Limited?

- The Green Revolution

Table 1.4: Compound Rates of Growth

Period	Production		Area		Yield (percent per annum)	
	(a)	(b)	(a)	(b)	(a)	(b)
Crop	1949-50 to 1964-65	1967-68 to 1977-78	1949-50 to 1964-65	1967-68 to 1977-78	1949-50 to 1964-65	1967-68 to 1977-78
Foodgrains	2.98	2.40	1.34	0.38	1.61	1.53
Non-Food	3.65	2.70	2.52	1.01	1.06	1.15
All Crops	3.20	2.50	1.60	0.55	1.60	1.40
Rice	3.37	2.21	1.26	0.74	2.09	1.46
Wheat	3.07	5.73	2.70	3.10	1.24	2.53
Pulses	1.62	0.20	1.87	0.75	0.24	0.42

a) Gleaned from NCAR 1976 (vol 1, ch. 3, p. 230-241)

b) Estimates of Area and Production of Principal Crops in India, 1978-79; published by the Directorate of Economic Statistics.

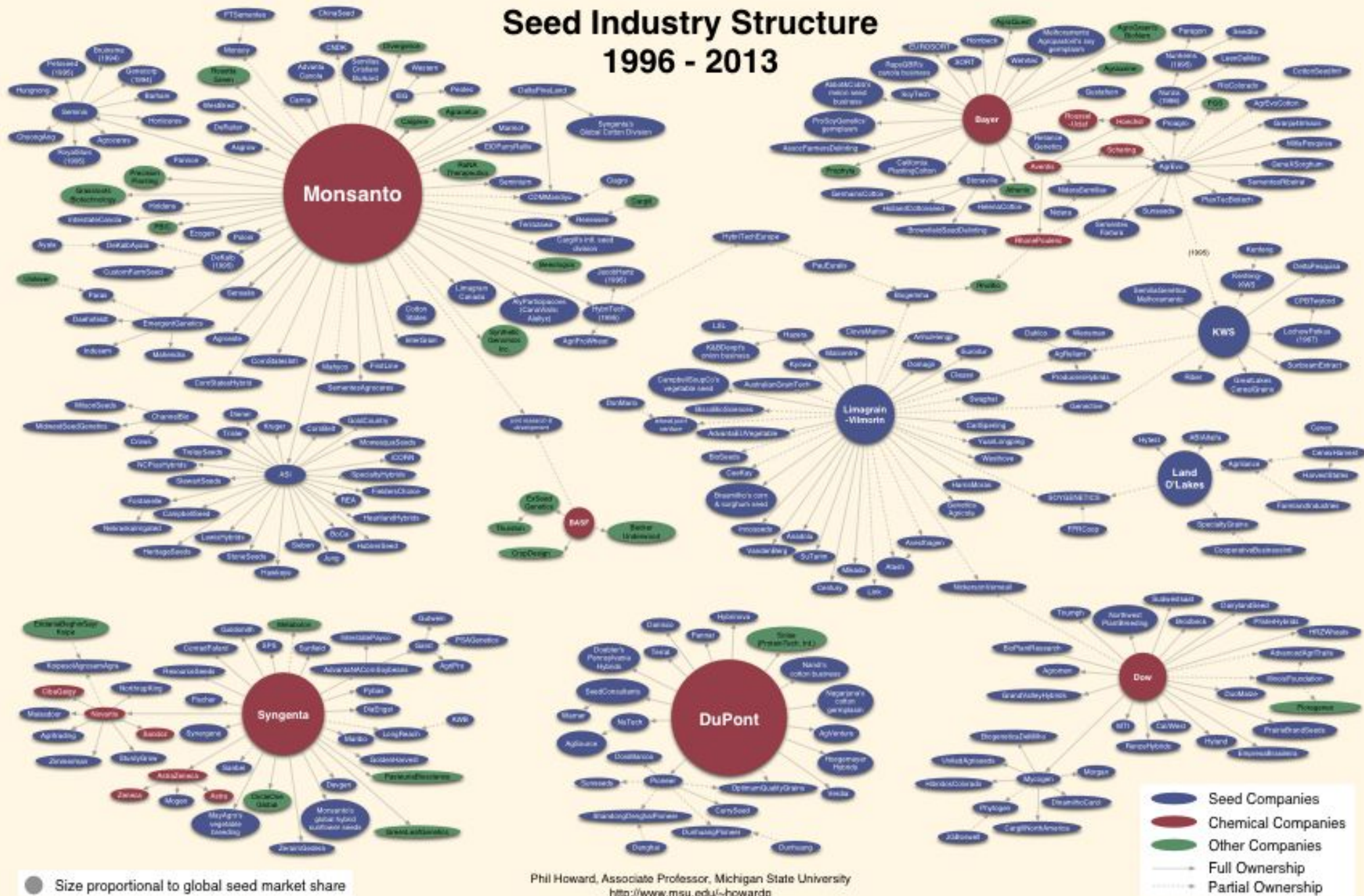
Food Security Further Critiqued

Green Revolution Impact on Local Food Systems

Roots of food insecurity lie widely unaddressed

Food System largely controlled by a few corporations

Seed Industry Structure 1996 - 2013



Food Sovereignty

“Food sovereignty is the right of peoples to healthy and culturally appropriate food produced through sustainable methods and their right to define their own food and agriculture systems.”

- La Via Campesina,
International Peasant Movement (1996)



Food Sovereignty

“puts the aspirations, needs and livelihoods of those who produce, distribute and consume food at the heart of food systems and policies rather than the demands of markets and corporations.”

“According to the FAO, women produce 70% of the food on earth but they are marginalized and oppressed by neoliberalism and patriarchy. The movement defends women's rights and gender equality at all levels. It struggles against all forms of violence against women.”

Power + Food

Food Sovereignty's Mission (La Via Campesina)

Promote Social justice and dignity

Power Analysis

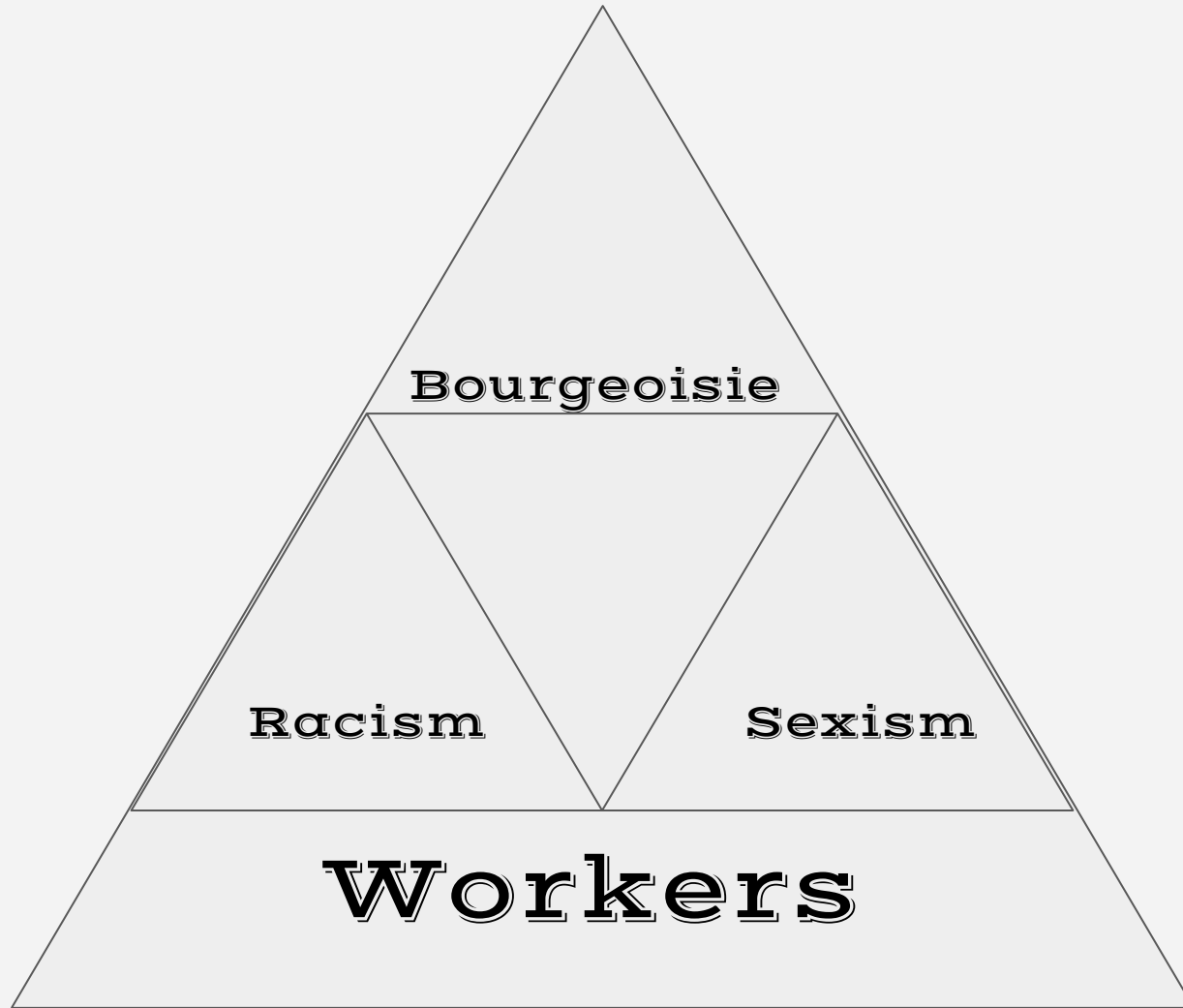
International Justice

De-globalize food, localize production

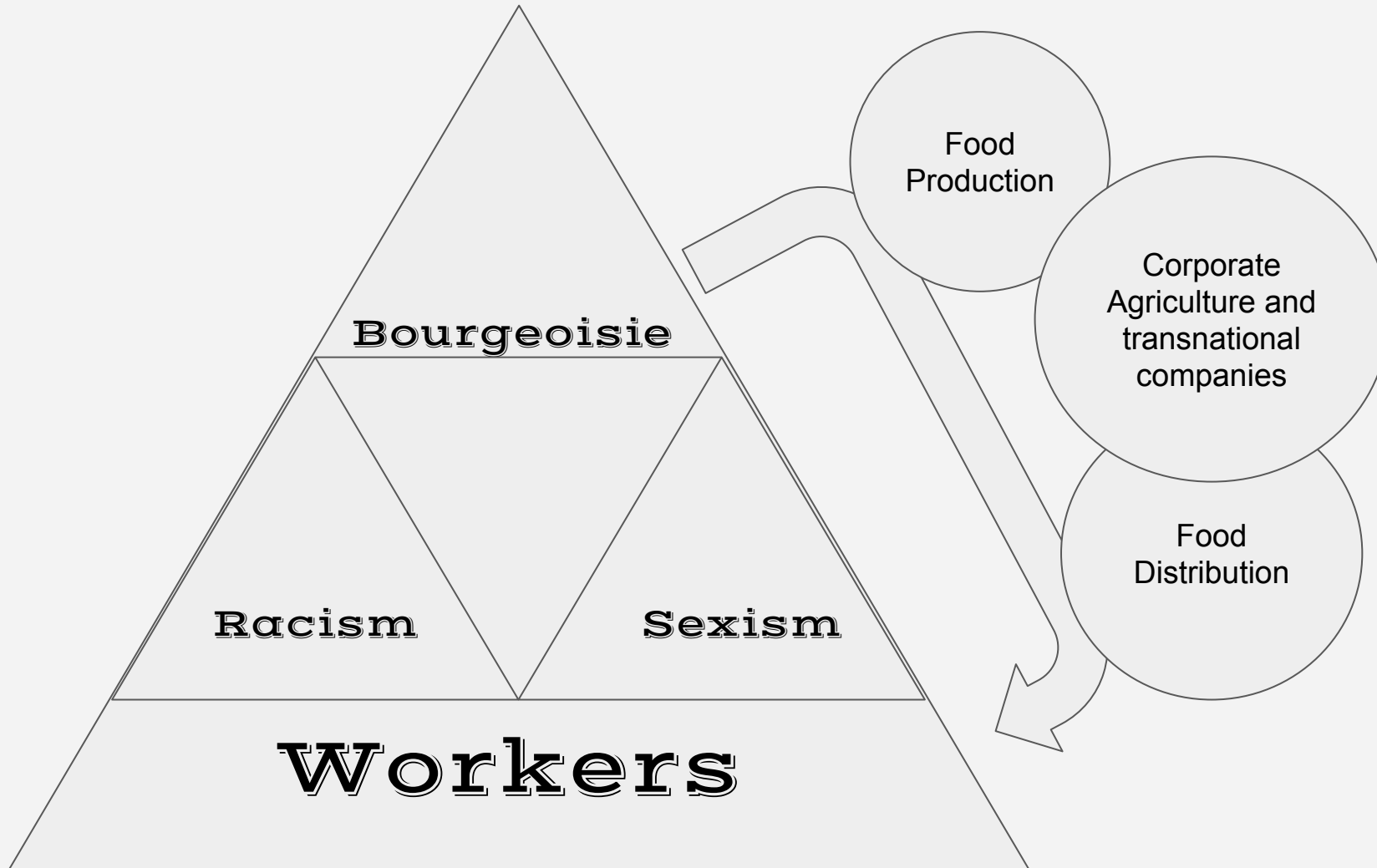
Challenging Current Food Regime

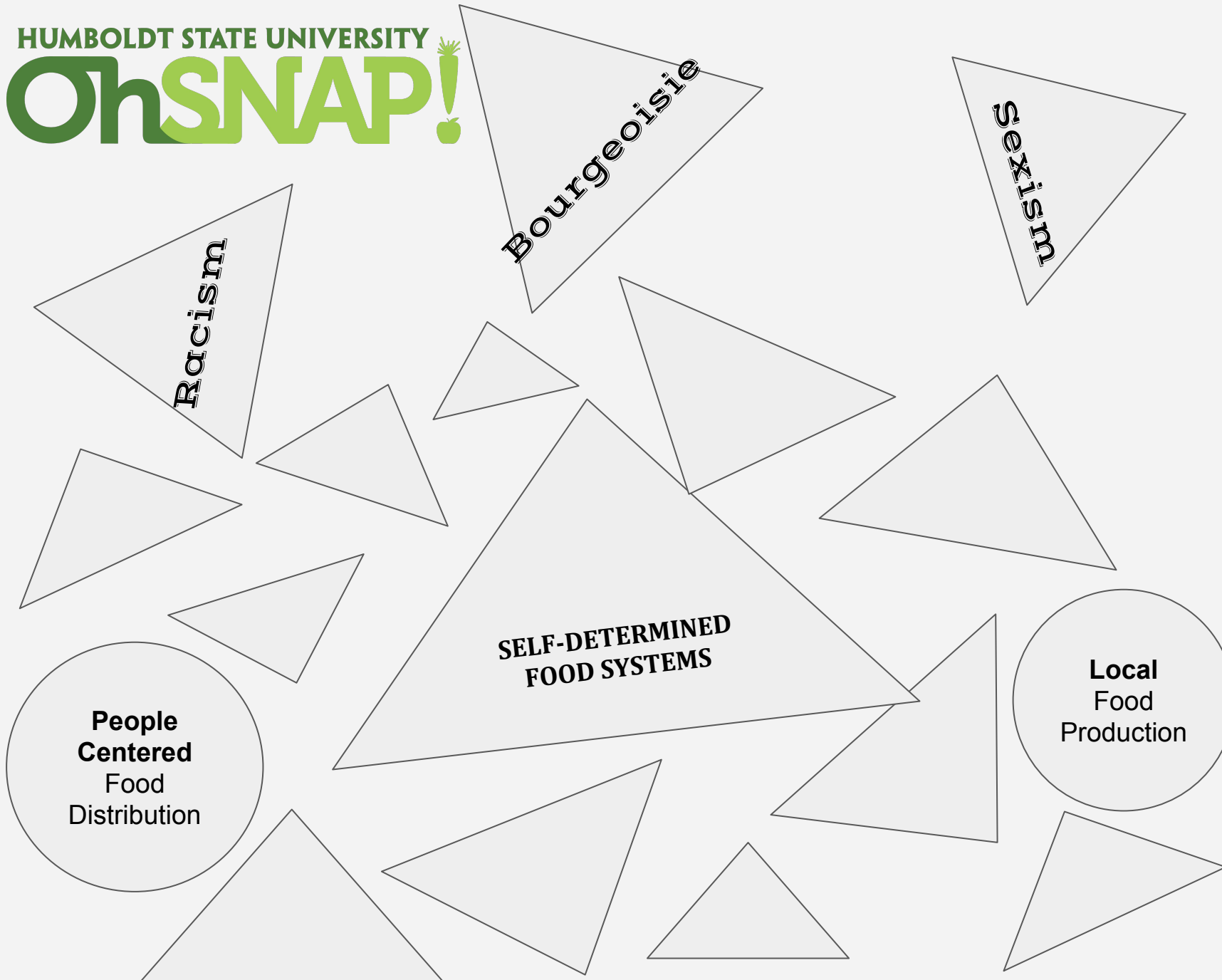
Questioning capitalism/racism/sexism

Capitalism



Capitalism and Food





“[Food Sovereignty] is based on the conviction that small farmers, including peasant fisher-folk, pastoralists and indigenous people, who make up almost half the world's people, are capable of producing food for their communities and feeding the world in a sustainable and healthy way.”
~La Via Campesina

Food Sovereignty

Food systems on college campuses have a choice...

Replicate the capitalist globalized model of food control that negatively impacts people's lives across the world, including our students

or

Take ownership of our own food system and challenge systems of power, privilege and oppression and re-define our expectations for addressing food insecurity on campus

YOU CAN FIND US ON FACEBOOK AND FOLLOW US ON INSTAGRAM!

HUMBOLDT STATE UNIVERSITY
OhSNAP!

FREE FOOD PANTRY & CALFRESH SIGN UPS

MONDAYS: 9:00 - 1:00PM
TUESDAYS, WEDNESDAYS, & THURSDAYS
 9:00 - 10:50 AM & 3:00 - 4:50PM
FRIDAYS: 9:00 - 11:50 AM & 3:00 - 5:50PM

WEDNESDAY NIGHT COOKING CLASSES
 5:30 PM In The Rec. & Wellness 122

707.826.4556 / HSUOHSNAP.ORG
 Rec. & Wellness Center 122
 Oh SNAP! Food Programs Supported By:

cal fresh
 PEER HEALTH EDUCATION
 DEPARTMENT OF SOCIAL WORK
 HUMBOLDT STATE UNIVERSITY

AS
 Associated Students



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FREE FARMERS' MARKET SHUTTLE

Ride The Shuttle From HSU!
SATURDAYS: 9 AM - 12 PM

Round 1	Round 2	Round 3
Library Circle (pick-up) 9:00	Library Circle (pick-up & drop-off) 10:04	Library Circle (drop-off) 11:08
Arcata Food Pantry 9:04	Arcata Food Pantry 10:08	Arcata Food Pantry 11:12
Farmer's Market (Arcata Plaza in front of Brio) 9:08	Farmer's Market 10:12	Grocery Outlet 11:24
Grocery Outlet 9:25	Grocery Outlet 10:30	Winco 11:33
Winco 9:34	Winco 10:39	Library Circle (drop-off) 11:49
Farmer's Market 9:55	Farmer's Market 11:00	
Arcata Food Pantry 10:00	Arcata Food Pantry 11:04	

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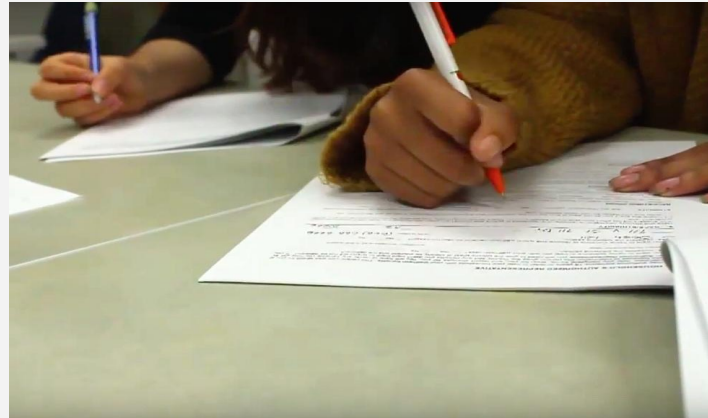
AS
 Associated Students



Food Pantry



CalFresh Outreach



CalFresh on the Farm!

A growing number of Humboldt County farmers now accept CalFresh directly at their farms! Use your EBT card to purchase Community Supported Agriculture (CSA)* shares and/or shop for produce at farm stands at the following locations.

DeepSeeded Community Farm

Offerings:
CSA Shares

Contact Info:
Eddie Tanner
(707) 825-8033
deepseeded@gmail.com
www.arcatacsa.com

Location:
Arcata: Stewart and Wyatt Avenues



Organic Matters Ranch

Offerings:
CSA Shares, Farm Stand, Pumpkin Patch

Contact Info:
Heather Plaza
(707) 407-3276
info@organicmattersranch.com

Location:
Eureka: 6821 Myrtle Avenue



Redwood Roots Farm

Offerings:
CSA Shares, Farm Stand

Contact Info:
Janet Czarniecki
(707) 826-0261
janetcz@humboldt1.com
www.redwoodrootsfarm.com

Location:
Bayside: 45 Fellowship Way (off Jacoby Crk Rd)



Shakefork Community Farm

Offerings:
CSA Shares

Contact Info:
Melanie Cunningham
(707) 498-3546
shakeforkcommunityfarm@gmail.com
www.shakeforkcommunityfarm.com

Location:
Carlotta: 7914 CA-36



* Purchasing a CSA Share with EBT:

Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters. CSA members commit to a farm for a whole growing season by purchasing a CSA share. The farmer then provides each member with a weekly distribution of fresh, seasonal produce at the peak of ripeness and nutrition.

In a typical CSA arrangement, customers pay upfront before receiving food. CalFresh recipients can use their benefits to participate in a CSA, but can only pay for up to two weeks of food in advance.



Questions? Contact the Community Alliance with Family Farmers for more information at (707) 826-0233.

Weekly Cooking Classes



Food Reclamation



Weekly Farmstand



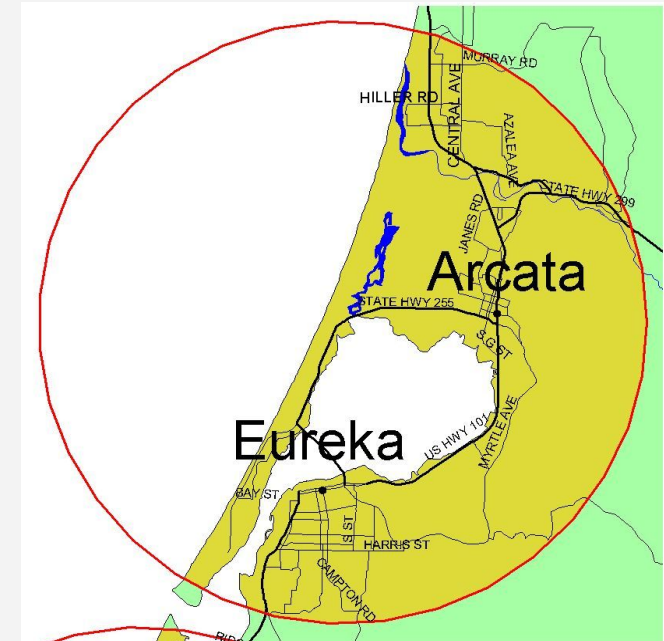
EBT on campus



EBT is now accepted @
the HSU Marketplace



Farmer's Market Shuttle



Next Steps

Continue collaboration with Financial Aid

Expand collaboration with Dining Services

Increase affordability campus food

Strengthen partnership with community college

Challenge Calfresh eligibility rules for students

Acknowledgements

Humboldt County CalFresh Outreach Partnership
USDA Farmers' Market Promotion Program
HSU College of Professional Studies
HSU Department of Social Work
HSU Health Education
HSU Associated Students
HSU Advancement, Food for Thought Fundraising Campaign
Food for People
North Coast Growers' Association
Earthly Edibles
Community Alliance with Family Farmers



Questions?!



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