

# *Canning* **STUDENT HUNGER**

## *Increasing* **STUDENT SUCCESS**



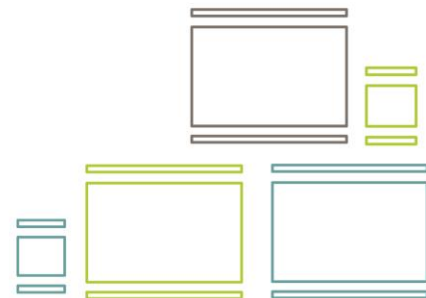
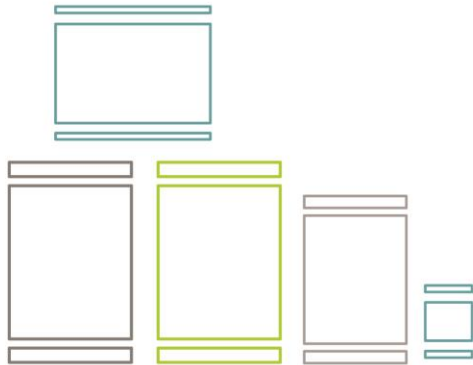
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# Food Insecurity & Student Hunger

- Defining food insecurity
- Starving college student: rights of passage?
- Food insecurities impact academic success



*Many students are finding themselves choosing between basic essentials such as food and basic toiletries and the required costs of tuition, fees, and books. The ASI Food Pantry helps to alleviate hunger within our student community.*

## Campus Research (2013 Survey)

- Close to 70% of Sacramento State Pell Grant eligible students met the USDA definition for food insecurity.
- Among them, 24.5% reported that they sometimes or often did not have enough food to eat, indicating food insufficiency.

## ASI Research (2013 Survey)

- Student Relations Committee, a committee of the ASI Board of Directors responsible for students needs assessments.
- Close to 60% said there are occasions where they need help supplementing their own source of food.
  - **Other Questions Asked**
  - **Need** (what time of year?)
  - **Location** (convenience, confidentiality, near parking)
  - **Operational Logistics** (pre-order, stop in, etc.)



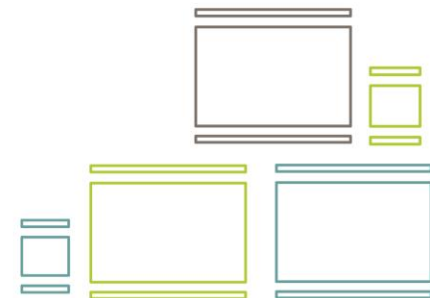


*The ASI Food Pantry exists to provide food and basic necessities at no cost to Sac State students in need. The Food Pantry aims to decrease the impact that food insecurities have on the academic success of Sac State students.*



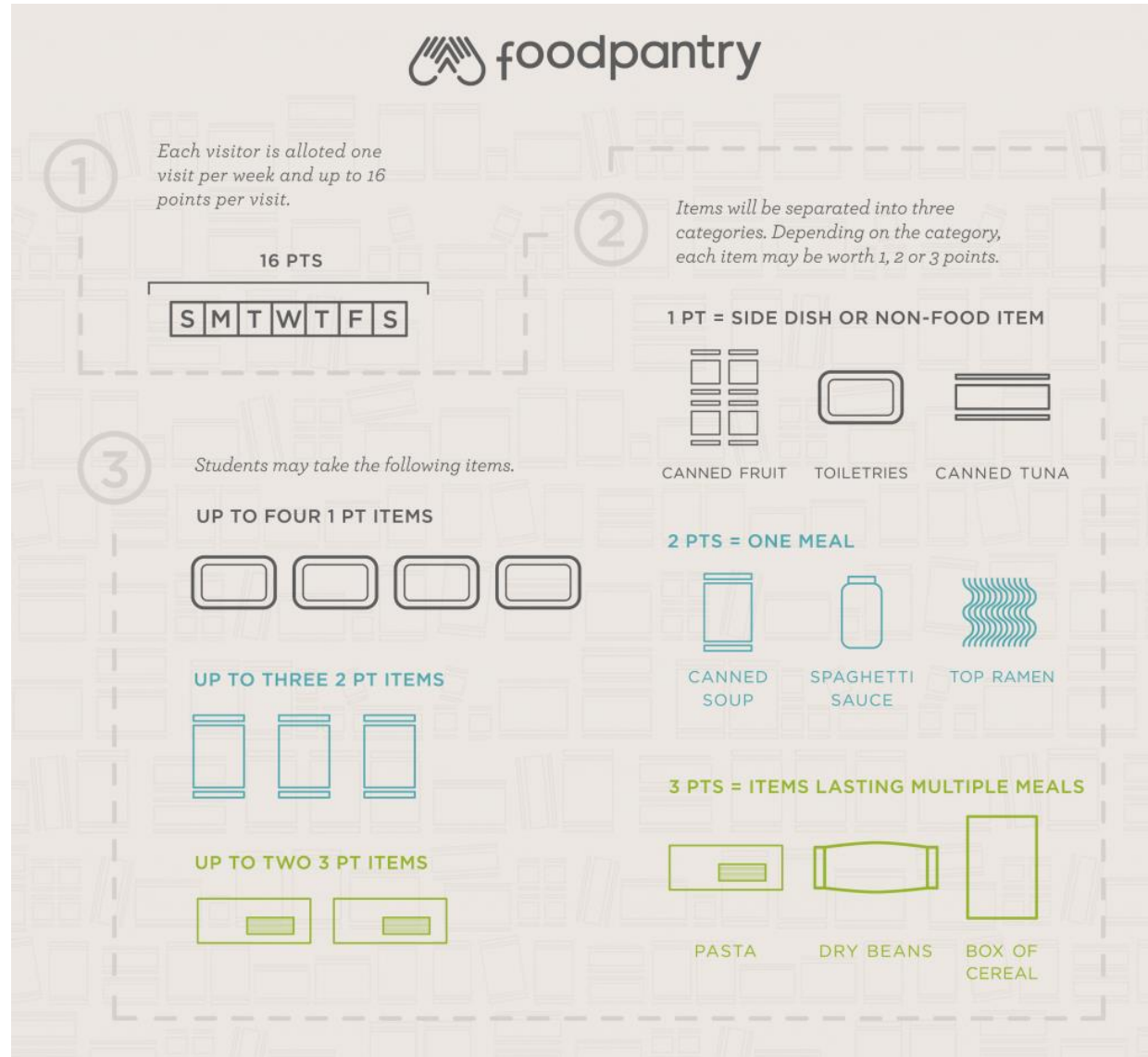
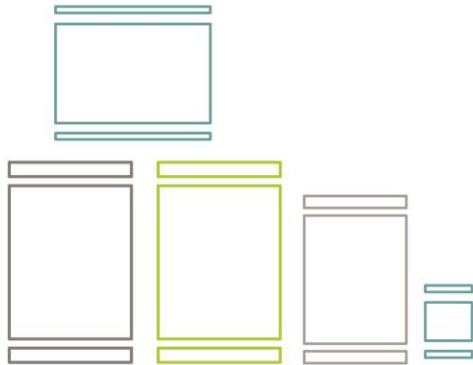
2016-2017 the Food Pantry had more than 4,300 transactions (1078 individual students, many who accessed services multiple times during the year)

2017-2018 has seen a 24% increase in student users



# The Point System

- **Students can visit once per week**
- **Tues: 10am-2pm**
- **Wed: 2pm-6pm**
- **Thurs: 10am-2pm**
- **Students get 16 points per week**
- **Students scan a valid student ID**



# Meeting Students Where They're At: The ASI Pop Up Pantry

Three times a month

Student Health and Counseling Cooking Demonstrations

Cal Fresh Sign-Ups

Serving over 500 students at each Pop Up Pantry

A SERVICE OF THE  foodpantry



**POP  
UP  
PANTRY**

FRESH PRODUCE AT NO COST TO SAC STATE STUDENTS IN NEED

Now in front of THE WELL  
Mondays | 10:30am-1:30pm

- Sep 11, 18, & 25
- Oct 9, 16, & 23
- Nov 13, 20, & 27
- Dec 11
- Jan 22
- Feb 12, 19, & 26
- Mar 12 & 26
- Apr 9, 16, & 23
- May 14

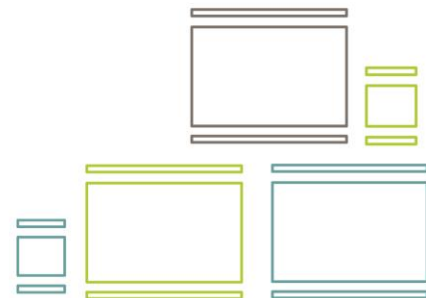
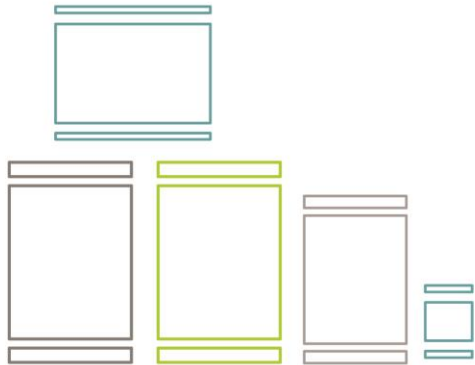
CALFRESH APPLICATION ASSISTANCE IS AVAILABLE

   associated students, inc.





**BE ACTIVE**  
**BE AWARE**  
**BE AN ADVOCATE**





# BE ACTIVE

- Conduct a campus survey
- Build campus and community partnerships
  - Campus President
  - Student Affairs: Case Manager / Student Health and Counseling
  - Sacramento Food Bank and Family Services
  - Central Downtown Food Basket
  - Sac State Sustainability (community garden)
  - Facilities Management
  - Sacramento Downtown Ford Sales
  - University Transportation and Parking



# BE ACTIVE cont.

- Identify storage
- Develop volunteer program
- Fundraise

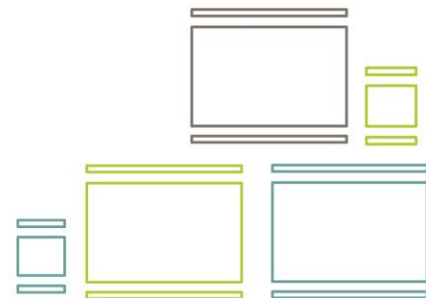
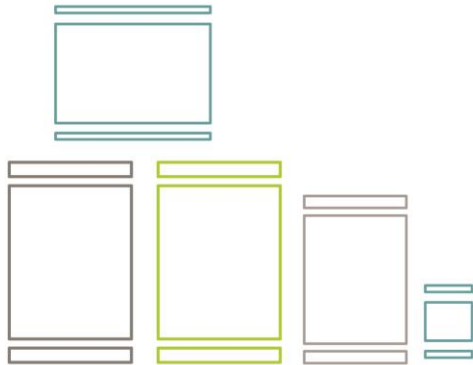
## Meet the changing needs

- ASI Food Pantry relocation and expansion
- SB-85 funding (Budget Range: \$25k - \$40k)
  - Implementation of Meal Sharing Program, CalFresh Point of Contact, and **a Food Pantry or Food Distribution Program**
  - Commercial refrigeration, metro shelving, computer, desk, couches, signage, promotion
- Online financial giving option
- Student development and marketing coordinator
- Campus dining food recovery program

# BE AWARE

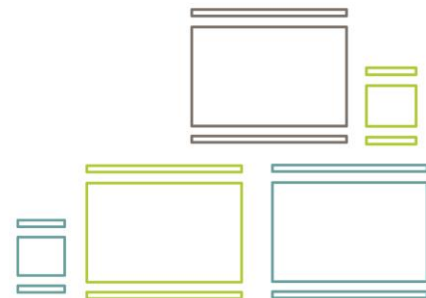
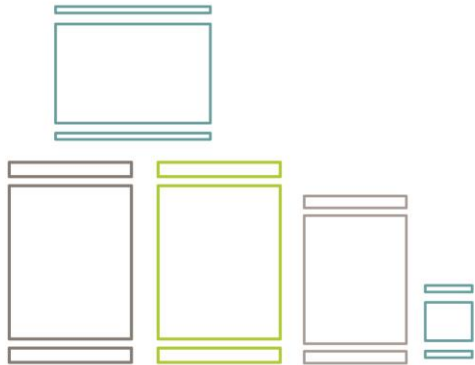
We can assist struggling students by:

- Recognizing signs of distress
- Mentoring
- Having a presence around campus
- Say hello and following up with gentle yet probing questions



# BE AN ADVOCATE

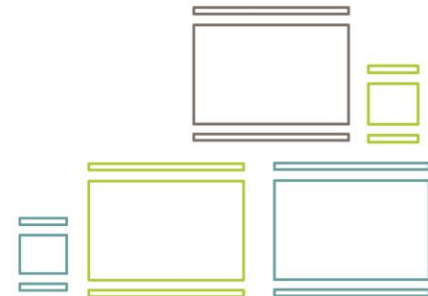
- Eliminate stigma
- Respond appropriately
- Encourage the use of available resources
- Take progressive action





# Things to keep in mind

- County health permit
- ServSafe certification
- Commercial fridge vs residential
- Shelving which can be easily cleaned
- Grocery store mentality
- The whole student – referral process to other services



# Activity

## Work-plan template

The purpose of this work-plan is to guide your basic needs work once you are back to campus. Use this exercise as a means to help formulate a plan of implementation, to better understand who needs to be involved on your campus to make the plan work, and to develop a reasonable timeline in order to get work done.

## *Implementation Strategies*

Preferred Outcomes	Who needs to be involved	Feasible Timeline
Potential Barriers	How to Mitigate Barriers	Budget
Other Things to Consider...		

# Questions?



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