

## Creating a Basic Needs Ambassador Program on Your Campus



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- Program conception and planning
- Institutional pathway
- Training description
- Program assessment data
- Tips for implementing on your campus



How do you reach food insecure students on your campus?

How do you educate staff and faculty about your efforts?

## Program Overview & Rationale



- Crutchfield & Maguire (2018) Recommendations
  - Faculty and staff point of contact practitioners
  - Targeted efforts to reach first-gen students
  - Create a culture of awareness
- Umbrella program
  - I.e. Safe zone, QPR, Windmills, Title IX
- Cabinet presentation and approval

# **Training Goals**

- Participants will have an understanding of current trends related to food and housing security.
- Participants will have an understanding of the cultural considerations necessary for working with students from diverse backgrounds.
- \*Participants will be able to identify potential boundary concerns and respond appropriately.
- \*Participants will have an understanding of basic listening skills and their importance when discussing sensitive issues.

#### Module Structure

- Module 1: Overview of Issue and relevance to CSUB
- Module 2: Food and Housing Security Resources \*Student Panel\*
- Module 3: Culturally Responsive to Diverse Experiences
- Module 4: Basic Listening Skills and Reflection of Feelings
- Module 5: Empathy and Boundary Setting
- Module 6: Expectations and Next Steps



#### Interactive Exercises

- ♦ Module 3: Cultural Mosaic Exercise
- Module 4: Role-play Scenarios
- Module 5: Boundary Setting Case Studies

# Program Feedback

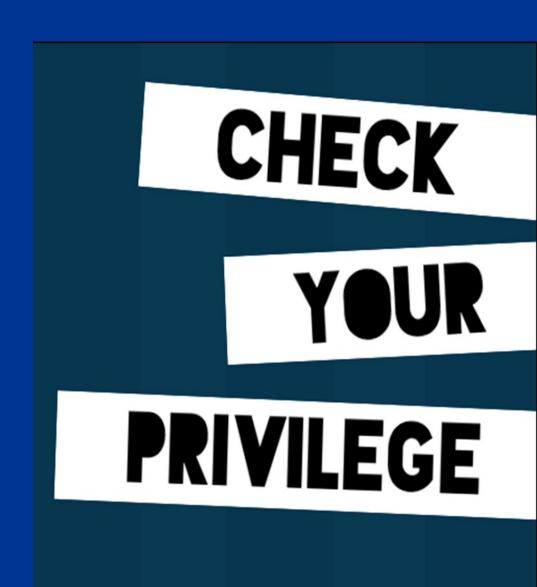
Assessment Question: How would you rate the following training components (n= 48)	Likert Scale 1 (Strongly disagree) - 5 (Strongly agree)
Quality of student panel	4.72
Helpfulness of role plays	4.47
I have the resources to help a student with basic needs	4.66
I would encourage colleagues to attend	5.0

# Program Feedback (Cont'd)

Three things I learned today	Would like more information on or recommend
"To check myself and how I interact with students."	Childcare
"Couch surfing is considered housing insecurity."	Transportation issues
"Reality of what students are going through."	Mental health resources
"How to pick up student cues and ask appropriate questions."	Community resources
"I have more opportunities to help students than I realized."	Pantry visit during training
"Better counseling skills."	
"We need to do better!"	

# TIPS for Successful Implementation

- Gain institutional support
- Date and time considerations
- Provide lunch
- Use local data
- Anticipate pushback



# Questions?

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